There is a lot of information about myeloma and living with myeloma on the internet, it is important that the information accessed is accurate, current and relevant to you.

This is a list of reputable websites to use when learning about myeloma, its treatment and living with myeloma.

When reading information from international organisations, it is important to remember that although myeloma is the same regardless of geographical location, globally there are differences in healthcare systems, treatment availability as well as the names of medications, tests and investigations.

**Websites**

- International Myeloma Foundation – [www.myeloma.org](http://www.myeloma.org)
- Myeloma UK – [www.myeloma.org.uk](http://www.myeloma.org.uk)
- Australian New Zealand Clinical Trials Registry – [www.anzctr.org.au](http://www.anzctr.org.au)
- Myeloma and Related Diseases Registry – [www.mrdr.net.au](http://www.mrdr.net.au)
- Carers Couch – [www.carerscouch.com](http://www.carerscouch.com)
- Lab Tests online – [www.labtestsonline.org.au](http://www.labtestsonline.org.au)
- EviQ Cancer Treatments online [www.eviq.org.au](http://www.eviq.org.au)
Apps

**ClinTrial Refer Australia and New Zealand App**
Information about current myeloma clinical trials in Australia and New Zealand

**About Herbs App**
(The Memorial Sloan Kettering cancer centre)
Searchable guide to botanicals, supplements and complimentary therapies

**MedicineWise App**
Medication management and health information

For further information please contact our Myeloma Support Nurses on our toll free Support Line:

**1800 MYELOMA (1800 693 566)**

or visit our website: [www.myeloma.org.au](http://www.myeloma.org.au)

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