

# Chronic Disease Management through Medicare Australia

This initiative through Medicare enables General Practitioners (GPs) to plan and coordinate the health care of patients with chronic conditions (such as cancer) who require multidisciplinary, team-based care from a GP and allied health providers.

Your GP can implement a GP Management Plan and Team Care Arrangements which allows you to access up to 5 allied health visits per calendar year for free or at a reduced rate.

The 5 visits can be used with one allied health provider or shared across different providers depending on your needs.

Your GP must refer you to this program and allied health providers need to meet specific eligibility criteria and be registered with Medicare Australia.

Allied Health providers covered under the initiative include:

- Aboriginal Health Worker
- Aboriginal and Torres Strait Islander Health Practitioners
- Audiologist
- Chiropractor
- Diabetes Educator
- Dietician
- Exercise Physiologist
- Mental Health Worker
- Occupational Therapist
- Osteopath
- Physiotherapist
- Podiatrist
- Psychologist
- Speech Pathologist

If you would like to register for a Chronic Disease Management program you should first speak with your GP. Detailed information on this initiative and the referral forms required to claim services are available at [www.health.gov.au](http://www.health.gov.au) and search for 'Chronic Disease Management' or call **Medicare on 132 011**.

**For further information please contact our Myeloma Support Nurses on our toll free Support Line:**

**1800 MYELOMA (1800 693 566)**  
or visit our website: [www.myeloma.org.au](http://www.myeloma.org.au)